# PRECEPTOR TOOLS ONE-MINUTE PRECEPTOR

# The One-Minute Preceptor

(Five Micro-skills of Teaching)

#### Get a Commitment and Involve the Learner

- Ask learner for the diagnosis or plan
- "What do you think is going on?"
- "What would you like to accomplish with this procedure?"

#### Clarify reasoning/Probe for Supporting Evidence

- Ask them their reasoning so that you can track the learner's knowledge and thought process
- "What made you think that was the diagnosis?"
- "Tell me why you would take that approach."

### Teach General Rule(s)

- 1-2 key points; target to level of learner understanding
- "Most patients with headache don't need CT/MRI unless there are worrisome features in their history or physical exam."

## Tell Them What They Did Right/Reinforce Positive Performance

- Provide feedback on what was done well
- "You did a good job clearly explaining the abnormal blood gas to the patient."

#### **Correct Errors**

- Provide constructive feedback and suggestions for improvement
- "I agree the patient is probably drug-seeking, but we still need to do a careful history and physical exam to rule out a medical cause for his pain."